

Résidence Des Sources

Dollard-des-Ormeaux



An affordable residence for independent seniors at the crossroads of the West Island



— What you'll love about the residence —

Our services

Your rent includes five hot lunches a week in the dining hall, a light breakfast on Saturdays and Sundays, Internet access in the common room, free use of the laundry room, a library, a home theatre and lots more.



Meals

Having a good meal in the dining hall means enjoying a varied, balanced menu without having to cook everything yourself. You can choose to eat alone or share your table with friends from the residence.



Pets

If you own a cat or a small dog, you can bring it with you to Des Sources. Tell us about your pet during your visit so that we can work out together how to integrate it while respecting the well-being of all residents.

Security



“Security is not just about magnetic cards for the doors.”

An employee is on site 24 hours a day, 365 days a year. Just dial zero for assistance.

- Access controlled by magnetic card
- Receptionist available every day
- Security cameras
- 24-hour surveillance

Our activities



Can we interest you in a mandala workshop or a gaming session? You are looking to attend mass or shop at a pop-up store? Join any activities that catch your eye.

It's the little extras and small pleasures



Internet in your apartment (\$), hair salon (\$), interior or exterior parking (\$), room rental (\$), visitor parking (\$)

For some of our residences, a pharmacy might be located on the premises or nearby. At all times, our residents are free to choose the pharmacist who best meets their health-care needs.

Our apartments

Well-designed, spacious and bright studios, 1-bedroom and 2-bedroom apartments, with storage. Telephone line, cable TV, electricity, heat and hot water are included in your rent.

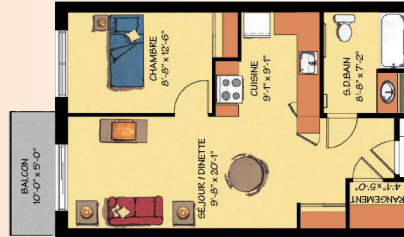


1 ½

Between \$902 and \$930 after tax credit. *

Approximately 440 sq.ft. (41 m²).

- bedroom/living room
- kitchen and dining area
- bathroom ■ storage space



3 ½

Between \$1,043 and \$1,112 after tax credit. *

Approximately 600 sq.ft. (56 m²).

- bedroom ■ living room
- kitchen and dining area
- bathroom ■ storage space
- hallway ■ balcony



4 ½

Between \$1,485 and \$1,547 after tax credit. *

Approximately 755 sq.ft. (70 m²).

- two bedrooms ■ living room
- kitchen and dining area
- bathroom ■ storage space
- hallway ■ balcony

* Moving to a residence of the Enharmonie network can make you eligible for a tax credit for home-support services for seniors 70 or older. You could also be eligible for financial assistance through the shelter allowance program for low income households. The ENHARMONIE residence employee will help you figure it out.

Eligibility criteria

You must meet all of the following conditions to live in a residence of the ENHARMONIE network:

- Your annual income is less than \$28,000** (for one person or a couple) or \$33,000** (for two people not living as a couple).
- You are a Canadian citizen or permanent resident.
- You are a Quebec resident.
- You are 60 years of age or older (applies to all household members).

** A quarter of the apartments in each residence can be rented to people whose income exceeds the maximum eligible amount. If this is your case, please call the residence of your choice and talk to our client relations agent about our availabilities.

Certification

Our residences are certified by the Centre intégré universitaire de santé et de services sociaux du Centre-Sud-de-l'île-de-Montréal.

Our services are intended for independent seniors and do not include nursing care or personal support services.

— What you'll like about the neighbourhood —



Dollard-des-Ormeaux: at the crossroads of the West Island

Dollard-des-Ormeaux can be accessed from anywhere in Montreal. Located where highways 13 and 40 meet, it is the Island's western hub.

Its many neighbourhoods are home to retired couples and young families alike, all drawn by the quality of suburban life.

Nature lovers are enchanted by the famous Centennial Park, one of the city's 33 parks. Green space as far as the eye can see and a large artificial lake make outdoor walks all the more enjoyable.

The residence is a few minutes from a very convenient shopping centre. Galeries des Sources has many well-known shops. Service is provided in both English and French.

Its proximity to the city, large open spaces and wide range of services make "DDO" a happy place to live.

Come see us

Résidence Des Sources | Make an appointment or walk in | 7 days a week, from 9 a.m. to 5 p.m.
514 683-2323 | info.ds@omhm.qc.ca | 4200, boulevard des Sources, Dollard-des-Ormeaux (Qc) H9B 3M6

Discover all our residences: www.residencesenharmonie.ca/en