

Plateau-Mile-End



An affordable residence for independent seniors surrounded by culture





aging well in Montreal

- What you'll love about the residence -

Our services

Your rent includes five hot meals a week in the dining hall, a light breakfast on Saturdays and Sundays, Internet access in the common room, free use of the laundry rooms, a library, a fitness area, a home theatre and lots more.



Meals

Having a good meal in the dining hall means enjoying a varied, balanced menu without having to cook everything yourself. Choose your table and let our friendly staff serve you.



Pets

If you own a cat or a dog, you can bring it with you to Le Mile-End. Tell us about your pet during your visit so that we can work out together how to integrate it while respecting the well-being of all residents.

Security



"Security is not just about magnetic cards for the doors."

An employee is on site 24 hours a day, 365 days a year. Just dial zero for assistance.

- Access controlled by magnetic card = Receptionist on duty every day
- Security cameras 24-hour surveillance

Our activities



Can we interest you in chair yoga? An outing to the Clark Centre art gallery? How about an origami workshop? Join any activities that catch your eye.

It's the little extras and small pleasures



Internet in your apartment (\$), hair salon (\$), room rental (\$), drugstore (\$), Bixi bike dock (\$), daily parking pass for visitors (\$)

For some of our residences, a pharmacy might be located on the premises or nearby. At all times, our residents are free to choose the pharmacist who best meets their health-care needs.

Our apartments

Well-designed, spacious and bright studios, 1-bedroom and 2-bedroom apartments, with storage. Telephone line, cable TV, electricity, heat and hot water are included in your rent.



1 ½

Between \$963 and \$1,105 after tax credit. *

Approximately 470 sq.ft. (44 m²).

- bedroom/living room
- kitchen and dining area
- bathroom = storage space
- hallway = balcony



3 ½

Between \$1,062 and \$1,434 after tax credit. *

Approximately 585 sq.ft. (54 m²).

- bedroom = living room
- kitchen and dining area
- bathroom = storage space
- hallway = balcony



Between \$1,649 and \$1,722 after tax credit. *

Approximately 1,050 sq.ft. (98 m²).

- two bedrooms
- kitchen and dining area
- bathroom = storage space
- hallway = balcony
- * Moving to a residence of the ENHARMONIE network can make you eligible for a tax credit for home-support services for seniors 70 or older. You could also be eligible for financial assistance through the shelter allowance program for low income households. The ENHARMONIE residence employee will help you figure it out.

Eligibility criteria

You must meet all of the following conditions to live in a residence of the ENHARMONIE network:

- Your annual income is less than \$30,000** (for one person or a couple) or \$34,500** (for two people not living as a couple).
- You are a Canadian citizen or permanent resident.
- You are a Quebec resident.
- You are 60 years of age or older (applies to all household members).
- **A quarter of the apartments in each residence can be rented to people whose income exceeds the maximum eligible amount. If this is your case, please call the residence of your choice and talk to our client relations agent about our availabilities.

Certification

Our residences are certified by the Ministère de la Santé et des Services sociaux du Québec.

Our services are intended for independent seniors and do not include nursing care or personal support services.

What you'll like about the neighbourhood



Mile End: authentically Montreal

In the heart of Mile-End, one of Montreal's most vibrant neighbourhoods, you will find the cozy Chez Claudette, the legendary Saint-Viateur Bagel, Le Champ des possibles, Laurier Street, and more....

Bilingual, multicultural, full of tradition and open to the world, Mile-End is one of the liveliest places to live in Montreal. International video game companies share their block with small family grocery stores, where hipsters mingle with the older generation. It is an extraordinary place to discover different cuisines, take an art class or simply watch the world go by from a coffee shop. It is often compared to the most inspiring neighbourhoods of Barcelona, San Francisco and Tokyo.

Located in a quiet area, Résidence Le Mile-End is just a quick walk away from Fairmont, Saint-Viateur and Saint-Laurent streets.

Come see us

Résidence Le Mile-End 514 278-2870

info.me@omhm.qc.ca

Make an appointment or walk in 7 days a week, from 9 a.m. to 5 p.m. 225, rue Maguire, Montréal (Qc) H2T 0A2

Discover all our residences: www.residencesenharmonie.ca/en